

## SUPPLEMENT 17 OTHER EXTRA READING SUGGESTIONS

ADD-Friendly Ways to Organize Your Life by  
Judith Kolberg and Kathleen Nadeau



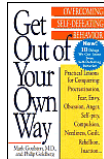
Conquering Chronic Disorganization by  
Judith Kolberg



Recovery: A Guide for Adult Children of Alcoholics by  
Gravitz and Bowden



Get Out of Your Own Way by Goulston and Goldberg



Codependent No More: How to Stop Controlling  
Others and Start Caring for Yourself by Melody Beattie

